

Health & Beauty Institute

We Offer Multiple FDA Approved Dermal Fillers & Treatments

Radiesse®

From \$299. Lasts Up To Two Years

Sculptra®

"Facelift in a bottle" from \$999. per vial

Perlane®

From \$549. per vial

Restylane®

Filler for softer creases.
Lasts 5-7 months.
From \$449. per vial

Botox®

For treatment of dynamic wrinkles
From \$249.

Ask us about Non-surgical

Rhinoplasty - Jaw line enhancement
Cheek bone and lip augmentation
Correction of jowls, naso-labial folds and smile lines

Obagi® and Neostrata Skincare

Medical grade products which bring skin cells back to health,
improve pigment imperfection and diminish fine wrinkles



Mira Mogler, MD

Happy and Beautiful Holidays

The holidays are almost here. It is a wonderful and exciting time of the year when we reunite with our family and friends, travel and treat ourselves and our loved ones with special gifts and events. We always want to look our best and feel great.

Every year millions of men and women want to look younger, more radiant and healthier. Medical aesthetics is here to help them to achieve their goals.

The result and longevity of an aesthetic procedure depends upon the patient's age, condition of their skin and sub-cutaneous tissue. Composition, along with the amount of product being injected and the techniques utilized by the medical care professional, are extremely important. Restylane and Perlane are expected to last about seven to nine months while Radiesse and Sculptra results are seen for well over a year. Botox is a wonderful medicine which makes us look better for a few months at a time.

Expectations regarding the outcome and cost of procedures should be realistic. For example, a thirty year old patient with excellent skin tone and no sun damage will most likely get an excellent correction of naso-labial folds with just one vial of Restylane, or a comparable product. She/he will walk out of the office with no bruising or downtime, and a reasonable cost for the procedure.

However, a fifty or sixty year old patient with prominent creases, facial lipoatrophy (fat loss), and severe sun damage will probably need three to four times the amount of the product to treat the same area. He/she will have a remarkable improvement but will not look thirty or forty years old, despite the fact that the bill for the procedure will be much higher. Bruising and needle marks are almost inevitable at these ages and beyond.

Patients are often anxious because of a procedure and that is why I think it is important to let them participate in the process. While waiting for local anesthesia to take effect, I answer all of their questions, address their concerns and encourage them to examine the product that I am about to inject. Patients are always eager to examine the packaging, expiration date and the manufacturer's label, then break the seal and remove the product from its package. They feel more comfortable being part of the process.

Quiet often I hear questions about a new "perfect" injectable and "SuperBotox". According to legend, there are products which last forever, cost almost nothing, look better and do not cause discomfort during injections. As a physician, in practice for many years, I've never heard about "SuperBotox" or perfect dermal fillers, but if the price and the product sound too good to be true there is a good chance that it is. With that in mind, I wish everyone Happy and Beautiful Holidays!



Complimentary Consultations

(702) 219-7778

501 So. Rancho Suite H-51

(corner of Alta in Quail Park III)

Las Vegas, NV 89106

Evening & Weekend Appointments Available

www.HealthAndBeautyInstitute.com